

# Dove Raina ~ HBCE, LCCE, DFB, CD(DONA) 2018 Resume

## DONA® International Trainings and Affiliation

DONA® Birth Doula Certification ~ April 2, 2018  
DONA® Postpartum Doula Training in Exeter, NH ~ May 2017  
3<sup>rd</sup> DONA® Birth Doula Training in Portland, ME ~ January, 2016 (at 36)  
2<sup>nd</sup> DONA® Birth Doula Training in Keene, NH ~ Fall 1999 (when I was 20)  
1<sup>st</sup> DONA® Birth Doula Training in Asheville, NC ~ Fall 1994 (when I was 15)

## Additional Birth Work Training & Experiences

Dancing For Birth™ Childbirth Educator Training in Hartford, CT ~ April 2016  
Hospital-Based CMC-DHK Birth Doula for over 70 families ~ Fall 2009 to Spring 2016  
Lamaze® Childbirth Educator Seminar in Boston (and subsequent certification) ~ 2014/2015  
Childbirth Education Essentials Workshop with Vicki Elson in MA ~ November, 2014  
HypnoBirthing® Childbirth Educator Training in Nashville, TN (certification current) 2013

## Postnatal & Early Parenting Work & Education

Sophia's Hearth Child Development 1 ~ July 2017  
Sophia's Hearth Joyful Language and Song ~ July 2017  
Supporting Teacher for Parent Child Class at MWS ~ November 2014 to June 2017  
Empty Arms Bereavement Support Workshops in MA ~ September 2014  
~ Compassionate Caregiving when a Baby Dies  
~ Perinatal Grief and Complicating Factors  
HypnoMothering® Training ~ December, 2013  
Waldorf Early Childhood Nursery Class Supporting Teacher ~ Sept 2005 to Dec 2006  
Waldorf Foundation Studies 2 Week Course ~ Summer 2003  
Sophia's Hearth Course on Conception to Age Three ~ Spring of 2000

## Other Work and Educational Experiences

HCS Nurse Assistant providing in home elder care ~ March 2015 to June 2016  
LNA with Genesis Healthcare on Court St. ~ August 2012 to Jan 2013  
Nurse Assistant Training with The American Red Cross ~ Spring 2012  
River Valley Community College, Psychology and A&P 1&2 ~ 2010 and 2011  
Nourishing Traditions Nutrition Conference Organizer ~ October 2005  
Asheville Buncombe Technical Community College ~ Fall of 1995 - Spring of 1999  
High School Diploma Equivalency via GED Testing ~ Sept. 1, 1995 (when I was 16)